

### **Events at the Seattle Metaphysical Library**

(206) 329-1794

October 19, 2011 www.SeattleMetaphysicalLibrary.org

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## Speculari Training

Developing Astral Senses by Methods of the Western Hermetic Tradition taught by Jaxob Ophiuchi

Thursday, October 20 7:00 pm

\$5 suggested donation

Topics will include: Scrying, Assumption of Forms, Building Thought Forms, Etheric, Astral and Mental Projection, Dream Magick and more...



## **Dream Machine**

Led by Jaxob Ophiuchi

Thursday, October 27 7:00 pm \$5 suggested donation

The Dreamachine is a rotating cylinder on an old-fashioned record-player spinning 78 revolutions per minute. The cylinder has precisely cut out holes that produce a complex stobescopic effect when rotating around a bright light.

Besides the trippy visual effects the device is said to induce lucid dreaming and intense daydreaming. It promotes a trancelike serenity, intensifies creativity and insight and even uncovers suppressed memories.

The first hour will be for beginners, with shorter sessions. After the first hour, we will break, and those who want more in-depth experience can stay for a longer session.

Please bring a pillow to sit on. People who call and reserve a spot will be given priority if we have too many people. Only eight people can fit around the table.



### Report back from Precession and Ancient Knowledge Conference in Sedona

October 22 7 pm Room donation appreciated

"We all want to learn more about UFOs and related subjects, and we all have info we can share with others."

The Conference on Precession and Ancient Knowledge (<u>www.cpakonline.org</u>) took place this year in Sedona. This is an annual gathering of researchers looking at evidence of previous high civilizations, with global travel and advanced astronomical knowledge.

This is NOT about UFOs or ETs, but the organizers were interested in the subject and thought others might be, as well.

The conferences are usually well-balanced between people doing hard science, anthropologists and scholars looking at ancient teachings, and deep thinkers looking at spiritual implications. This year was no different, This is a wonderful way to converse with others who share your interests in these unusual areas. We like to have food and drink on hand, but we don't always provide it, so if you bring something too, that will help.



## Creating the Universe

**Monthly Qabbalah Workshops Travis Bodick** October 28 7 - 9 pm \$5/class

Each class will have a unique subject that is related back to the Qabbalah and the Tree of Life. The Universal Qabbalah is the underlying system for all religions and philosophies. By relating each class back to this foundation, we can piece together the principles that unify us all. The Qabbalah provides an instruction manual for how to live a fulfilling and successful life, inwardly and outwardly, by mapping out the pattern of creation and the blueprint of the self.

Each class will be taught to the level of the student's understanding, so those new to Kabbalah, as well as those familiar, are welcome.

Future classes include: Vibrational Healing, The Three Brains, The Four Worlds.

#### http://www.conscioushealing.moonfruit.com

## Found on the Internet

Interesting stories you may have missed

### Lawsuit Aims to Punish Olympia Food Co-op for Boycott of Israeli Goods



A lawsuit, filed September 2 in Thurston County Superior Court, aims to punish the Olympia Food Co-op for enacting a boycott of Israeli Goods. Plaintiffs, including several candidates who's recent Co-op Board of Directors campaigns failed by large margins, threaten financial harm unless the local food cooperative rescinds its boycott. For more details, enter Olympia food coop lawsuit in your favorite search engine. One article is here at http://olyblog.net/lawsuit-against-olympia-food-coop-electronicintifada-ei-reveals-connections-between-israeli-governm

### Fluoride -

# The Battle of Darkness & Light

### by Mary Sparrowdancer

Although our increasing inability to perceive the divine and understand the full extent of our human capabilities remains largely ignored by those discrediting or rejecting "paranormal" research, the growing epidemic of anxiety, depression and overwhelming despair in this country's children deserves the attention of all of us. It should be considered a national emergency, and a national tragedy.

More Jeff Rense's site: http://www.rense.com/general45/bll.htm

To be added to the mailing list, go to http://www.seattlemetaphysicallibrary.org/newsletter.html . This message was sent to 6re999@gmail.com.

To request removal from this list, reply to this email with "Unsubscribe" in the subject box.