



Seattle Metaphysical Library Newsletter

July 22, 2015

<http://www.SeattleMetaphysicalLibrary.org>

«Message»

Events



Emotional Freedom Techniques Tapping Meeting



with Dena Przybyla

Thursday, July 23

7 – 9 pm

\$15

Emotional Freedom Techniques (also known as EFT or “tapping”) is a simple meridian balancing technique that can produce rapid healing results. It has been described as "acupuncture without the needles." Instead of using needles, we tap while holding in mind the physical or emotional issue we wish to clear.

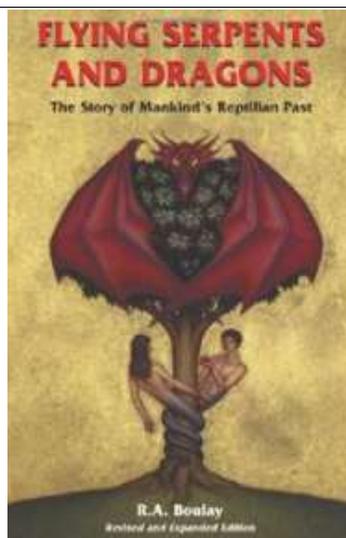
You can have your issue addressed directly during the group, or keep it private and "borrow benefits" from the tapping even if you are working on an unrelated issue.

We'll start with some Energy Medicine balancing exercises, then tap together while addressing individual concerns. EFT can help with just about anything, from physical and emotional issues to manifesting intentions, feeling more gratitude, strengthening intuition and living in a higher vibration.

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History Redux

Revisionist History Study Group

Monday, August 3 7 – 9 pm

Free for members, \$5 for non-members.

Our book this month is *Flying Serpents and Dragons, the story of Mankinds' Reptilian Past*, by R. A. Boulay. Our copy has been checked out, but there is an online copy at

http://www.bibliotecapleyades.net/serpents_dragons/boulay00e.htm

This is a continuation of last month's book. It has a lot of material from ancient Sumer, Haggadah, and the Vedic texts. It's interesting to compare how they connect and disagree.

This is one of the over-view books, looking at the story of Adam and Eve as told by texts other than Genesis, the precursors of Genesis. Boulay looked at myths from around the world to build a story of the Anunnaki, the reptilian race that helped genetically build *homo sapiens*.

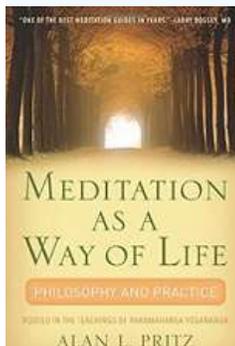
You need not have read the book to attend the discussion, where those who have read the book will recount to the others what they remember. This is a good way to learn complex information, and helps everyone get a better understanding of the material.

New Hours

As an all-volunteer organization, our hours vary according to the schedules of our volunteers. Our hours have changed again:

Monday	2 – 6 pm and then 7 pm for classes and volunteer / business meetings
Tuesday	2 pm - 6 pm
Wednesday	Closed except for evening events
Thursday	Closed except for evening events
Friday	2 pm - 9 pm (it's a party!)
Saturday	11 am - 6 pm
Sunday	1 pm - 5 pm

Book Reviews by Dana Doerksen, Librarian



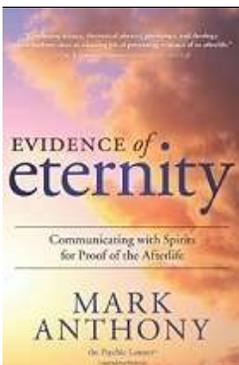
Meditation as a Way of Life: Philosophy and Practice

By Alan L. Pritz

Quest Books (August 26, 2014)

This guidebook teaches meditation and other spiritual techniques inspired by the Paramahansa Yogananda tradition as well as others. Alan Pritz has studied and practiced the teachings of the Indian Yogi Paramahansa Yogananda for over forty years, including meditation and spiritual training in an ashram in California.

The rest of the review is [on the website](#)



Evidence of Eternity: Communicating with the Spirits for Proof of the Afterlife

By Mark Anthony

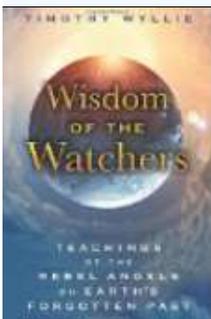
This is an entertaining account of Anthony's psychic experiences and client readings offered as evidence of spirit communication. Mark Anthony, registered as the Psychic Lawyer, is a fourth generation medium. Anthony's mother, aunt and father all had psychic abilities and he inherited those abilities from them. Anthony studied mediumship at the Arthur Findlay College for the Advancement of Psychic Science in Essex, England.

The rest of the review is [on the website](#)

New Books Available for Members to Borrow

Respectful visitors, whether members or not, are always welcome to read books in our Library, when we are open.

The links to the books below go to our website, since Amazon does not like us linking to their website from our email. Our website will provide the links to the books on Amazon if you want more information about a specific book.

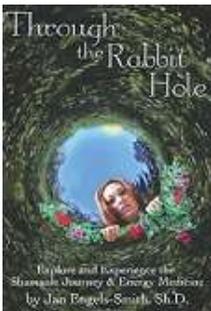


Wisdom of the Watchers: Teachings of the Rebel Angels on Earth's Forgotten Past

by Timothy Wyllie

Bear and Company 2015

The angel Georgia, one of the Lucifer rebellion, works with Timothy Wyllie to detail events of Earth's ancient history from 39,000 BC to 16,500 BC, including the destruction and diaspora of Lemuria, the role of earth monuments to higher consciousness, and the role of the 100 million rebel angels alive on earth, unaware of their angelic past and their role in the upcoming consciousness awakening as earth is welcomed back.



Through the Rabbit Hole: Explore and Experience the Shamanic Journey and Energy Medicine

by Jan Engels-Smith

CreateSpace Independent Publishing Platform 2014

Expounds on the basic tenets of core shamanism and applying them to our daily lives. These concepts will prepare you for shamanic journeying, where you will discover non-ordinary reality and learn about your Spirit Allies and the Universal Laws of being human. The journey is facilitated by basic tools such as the drum, the rattle, and the song, which are introduced and explained in this book. 21st Century Shamanism is based on Life Energy and the Basic Laws of the Universe.



BECOMING YOURSELF: The Journey From Head To Heart

New Leaf Distributing Co Inc, 2014

by Jan Engels-Smith

Engles-Smith shamanism, mysticism, psychology, her personal stories and more to discover a personal spiritual path to guide our lives. Chapters describe shamanism, soul retrieval, universal laws, beliefs, miracles, karma, ritual, ceremony and prayer. Chapters include exercises to help internalize the concepts.

Library Wish List

- Thank you for the sheet protectors. If you have some free time, and want to come in and help us cover pamphlets, that might be fun.
- We have a Plexiglas sheet that we'd like to attach as a front door to a book shelf. We need help cutting the Plexiglas, and getting the right kind of hinge and attaching it.

Community Events



Celebrating Book Culture in Esotericism

ESOTERIC BOOK CONFERENCE

7th Annual

September 26th & 27th 2015

Tickets are required to attend the presentations. The Book Fair, and Art Show are Free and open to the public.

<http://esotericbookconference.com>

Recommended from the web



**Reported and Edited by
Linda Moulton Howe**

Rupert Sheldrake **Science Set Free Podcast** **part** **Related Links**

Discussions between Mark Vernon and Rupert about science as a belief system. Discussions Between Rupert Sheldrake and Matthew Fox

Promoting Economic Justice for Family Scale Farming

The Cornucopia Institute

No Definitive 'No' on Nano



The FDA's National Organic program leaves open the possibility of nanotechnology particles being added to food labelled "organic".

His newsletter was sent to «Email»
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2220 NW Market Street, L-05,
Seattle WA 98107
(206) 329-1794.

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