



Seattle Metaphysical Library Newsletter

January 11, 2016

<http://www.SeattleMetaphysicalLibrary.org>



Tarot Class

Facilitated by Kathy Eckert, MSW

7 pm – 9 pm, Wednesday, January 13, 2016

\$7 /class

New Classes Starting this month!

An Introduction to an Ancient Yet Timely Method for Personal Transformation, Focusing on Numeric Symbolism

Spreads and Tarot Exercises Done in Most of the Classes

Classes for beginners starting in January.

No experience needed.

For more info, see the website: www.SeattleMetaphysicalLibrary.org



Why Relationships Don't Work: Releasing Your Bag of the Past

Sandy Levey-Lunden

Tuesday, January 19, 2016, 7 pm

Suggested donation: \$5 for members, \$10 for non-members

In this dynamic presentation Sandy Levey-Lunden will demonstrate how our conflicted and incomplete relationships of the past (mom, dad, ex-lovers, etc.) are projected onto the relationships we're having in the present. This workshop includes interactive activities to help people look at the ongoing process of a relationship and the purpose of it.

She then helps people find the issues in their bag of the past and shows people how to release them. She demonstrates how to release the scenario in relationship – 'why is the same thing happening to me again, and again.'

Working through Issues

Generally, when someone marries, they marry the Mother and the Father Process of their partner, as it will see it projected onto them, and vice-versa. I have my favorite cartoon in mind, where a couple about to be married is saying "I do," and there are 25 other family members saying "I do" right behind them. Essentially, these 25 people from each side of the family are getting married. They will spend the next lifetime together, working these issues through, with the objective of coming to total love with each other as their new family.

When the couple is working together to support each other in this process coming to oneness with their whole family and friends of the past, it is known as a 'healing relationship' or a 'holy relationship' in A Course in Miracles.

This process is what the Clearing Process is about, which I have taught for more than 30 years as a life-coach, counselor and seminar leader in my trainings to thousands of people. Ralph Baker, the 'Love Lawyer,' wouldn't have put the process in these psycho-therapeutic terms. I am now working with families in the process, through the "Art of Joining Families," having just coming back from Scotland working with three families there for 3 weeks. Coming back from Scotland and England, I have felt the joy of working through these issues present with the family, in their homes.

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